



Helping Others Soar

# Internship

DETAILS AND

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PROGRAM

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DESCRIPTIONS



# Internship Details and Program Descriptions

Victor Community Support Services (VCSS) and Victor Treatment Center (VTC) internships and requirements vary based on location. Please click on the location you are interested in below to see the description of the program at that location, as well as minimum requirements for applying.

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# VCSS CHICO

**Intern Level:** Bachelor's and Master's Program (MFT or MSW) 2nd year

**Program Description Bachelor's Level:** Intensive Adjunct Services (IHBS/TBS) – Programs that provide critical, short-term support and is designed to provide one-on-one therapeutic aid to children/youth. Provides structure and support that will assist children in living successfully in the least restrictive setting possible. To mitigate out of home placement. Will center around Child and family team meetings.

**Program Description Master's Level: Specialty Mental Health Services** – Mental health services are interventions designed to provide the maximum reduction of mental disability and restoration or maintenance of functioning consistent with the requirements for learning, development, independent living and enhanced self-sufficiency. Services shall be directed toward achieving the consumer's goals and referrals may be from Butte County schools, county access line, or self-referral. Mental Health Services delivered at the school sites help to intervene early in reducing the effects and severity of impairments in children. Services provided at an early stage can allow the child to remain at home, in school and in the community. Early intervention also reduces the incidence of more impairments at a later age that would require a higher level of care and loss of ability to function at home, in school, and the community. These services are intended to be focused, effective and short-term in nature.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS FAIRFIELD

**Intern Level:** Bachelor's and Master's Program 2nd year

*Note: Would be willing to consider 1st year Master's students on a case by case basis*

**Program Description Bachelor's Level:** Bachelor's level interns will provide services in the CARE Clinic an intensive, early assessment and intervention program for children ages three to six years (and their caregivers). The CARE Clinic runs four cohorts per year, 4 hours a day, 5 days a week, for 10 weeks.

**Program Description Master's Level:** The CARE Clinic (Comprehensive Assessment Research and Evaluation) is an intensive, early assessment and intervention program for children ages three to six years (and their caregivers). Such children typically require significant support from healthcare, social services, and schools as they mature. The CARE Clinic runs four cohorts per year – 4 hours a day, 5 days a week, for 10 weeks. Participation in the CARE Clinic is free and voluntary, as our transdisciplinary team works to assess and offer recommendations for effective interventions to use with children at home, community, and in a future. Parent involvement is an integral part of the program. This includes a parent commitment of 1 hour weekly (for special playtime with the child) and another 1 hour a week for a parent meeting. Or the Community Based mental health services program which provides EPSDT Specialty Mental Health Services for children 0 to 12 years.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS GRASS VALLEY

**Intern Level:** Master's Program 1st or 2nd year

**Program Description:** Our Wrap program services the 65 highest needs clients in Nevada County. Our Wrap team works with clients, families and support systems to increase stability and improve mental health challenges and impairments. Wrap is a team based program and interns will work closely with parent partners, facilitators, family support counselors, and supervisors.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS HEMET

**Intern Level:** Master's Program

**Program Description:** We have two intern programs. System of Care program (SOC) and our Full Service Partnership (FSP) programs provide mental health services to children between the ages of 0-21 who have full scope Medi-Cal and reside in the mid-county region of Riverside County. These youth may have moderate to high risk mental health needs, been removed from the home or be at risk for removal, may have been psychiatrically hospitalized over the past year or at risk of hospitalization and often experience behavioral difficulties at home and school.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS LAKE ELSINORE

**Intern Level:** Master's Program

**Program Description:** Early Childhood Ages 0-5, School & Home Based Mental Health Services, Therapeutic Behavioral Services, School Contracted Services Lake Elsinore VCSS is a community-based mental health treatment program serving the Lake Elsinore community and the larger Riverside County. The program works in collaboration with multiple community agencies. In partnership with Riverside County Health System-Behavioral Health, Lake Elsinore VCSS provides a full array of specialty mental health services to children and their families utilizing a strength-based, trauma informed and family centered philosophy.

Our services are highly individualized, field based, and flexible in order to meet the specific needs of families and to provide care for the child in the least restrictive setting possible. The following is a list of services that may be provided:

- Assessment and Evaluation
- Crisis Intervention and Stabilization
- Individual, Family and Group Therapy
- Parent Training and Family Support
- Intensive Case Management
- Rehabilitative Services
- Functional Behavioral Analysis
- Psychiatric Services Including Medication Support and Monitoring

## INTERNSHIP REQUIREMENTS:

- Due to our Early Childhood program, all internship applicants to Lake Elsinore should have interest in working with the 0-5 population
- Internships will include experience working with children and youth ages 0-18 years
- Interns will receive specialized training in Infant and Early Childhood assessment and therapy, which is rare in internship placements
- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS MANTECA

**Intern Level:** Master's Program 1st or 2nd Year

**Program Description:** We have 2 potential programs for placement. Both serve ages 0-21 in a community based setting (this can mean in the clients home, at their school, at our office or even in a park). The first program is pathways, which is working within an interdisciplinary team to provide mental health services to San Joaquin foster youth. The second is our outpatient program which is providing mental health services to non-dependents of San Joaquin County who have moderate to severe impairments. This program provides a range of levels of care, depending on the clients need.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children





# VCSS PALM DESERT

**Intern Level:** Master's Program

**Program Description:** VCSS Palm Desert is a Early Childhood Mental Health Services program serving children 0-5 years old in the Desert region of Riverside County. The office is located in Palm Desert and we provide field based services in the surrounding Desert cities. Interns will receive specialized training in Infant and Early Childhood assessment and therapy, which is rare in internship placements.

## INTERNSHIP REQUIREMENTS:

- Due to our Early Childhood program, all internship applicants to Palm Desert should have interest in working with the 0-5 population.
- In Person is required
- Minimum of 15-20 hours a week
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS PERRIS

**Intern Level:** Bachelor's and Master's Programs

**Program Description:** We have 3 programs for placement. Our System of Care program (SOC) and our Full Service Partnership (FSP) programs provide mental health services to children between the ages of 0-21 who have full scope Medi-Cal and reside in the mid-county region of Riverside County. These youth may have been removed from the home or be at risk for removal, may have been psychiatrically hospitalized over the past year or at risk of hospitalization and often experience behavioral difficulties at home and school. We also have a Transitional Aged Youth Program (TAY) that provides services to Youth 16-25. These youth present with severe and persistent mental illness and may be a high utilizer of crisis stabilization services or inpatient services. Services provided to youth in all three programs include individual counseling, family counseling, group counseling, behavioral services, case management, supportive services by a parent or peer counselor as well as psychiatric services.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VTC POMONA

**Intern Level:** Master's Program 1st Year

**Program Description:** Victor Treatment Centers, Pomona has 2 programs. Outpatient Community base and Full Wraparound that provide mental health services to children between the ages of 0-21 who have full scope Medi-Cal and reside in the San Gabriel Valley, LA County. These youth may have been removed from the home or be at risk for removal, may have been psychiatrically hospitalized or at risk of hospitalization and often experience behavioral difficulties at home, school, and community. The programs work in collaboration with multiple community agencies. In partnership with the Department of Child Family Services, VTC provides a full array of specialty mental health services to children and their families utilizing a strength-based, trauma informed and family centered philosophy. Our services are highly individualized, field based, and flexible in order to meet the specific needs of children and families to provide care for the child in the least restrictive setting possible.

**The following is a list of services that may be provided:**

- Assessment and Evaluation
- Individual and Family Therapy
- Family Support
- Intensive Care Coordination and Case Management
- Rehabilitative Services
- Psychiatric Services Including Medication Support and Monitoring

## INTERNSHIP REQUIREMENTS:

Due to the current need in providing Early Childhood interventions, all internship applicants to VTC, Pomona should have interest in working with the 0-5 population, are interested in working with diverse populations in the community, are eager to learn and want to gain experience working with the whole family.

- Internships will include experience working with children and youth ages 0-21 years
- Interns will receive specialized training in Infant and Early Childhood assessment and therapy, which is rare in internship placements
- In Person is required
- Minimum of 16 hours a week
- Minimum of 6-month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS RED BLUFF

**Intern Level:** Master's Program 2nd Year

**Program Description:** TAY (Transitional Aged Youth): Mental health services for clients up to 25 years of age (typically 16-25) for interventions designed to provide the maximum reduction of mental disability and restoration or maintenance of functioning consistent with the requirements for learning, development, independent living and enhanced self-sufficiency. Services shall be directed toward achieving the consumer's goals and referrals may be from schools, county access line, or self-referral. Services in the community/home/office/schools. Early intervention also reduces the incidence of more impairments at a later age that would require a higher level of care and loss of ability to function at home, in school, and the community. These services are intended to be focused, effective and short-term in nature.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS REDDING

**Intern Level:** Master's Program 2nd Year

**Program Description:** Specialty Mental Health Services (SMHS) – Mental health services are interventions designed to provide the maximum reduction of mental disability and restoration or maintenance of functioning consistent with the requirements for learning, development, independent living and enhanced self-sufficiency. Services shall be directed toward achieving the consumer's goals and referrals may be from schools, county access line, or self-referral.

Mental Health Services delivered at the school sites help to intervene early in reducing the effects and severity of impairments in children. Services provided at an early stage can allow the child to remain at home, in school and in the community. Early intervention also reduces the incidence of more impairments at a later age that would require a higher level of care and loss of ability to function at home, in school, and the community. These services are intended to be focused, effective and short-term in nature.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS ROSEVILLE

**Intern Level:** Master's Program 2nd Year

**Program Description:** Intensive Outpatient: Mental Health Services: Individual or group therapies and interventions are designed to provide a reduction of mental disability and restoration, improvement or maintenance of functioning consistent with the goals of learning, development, independent living, and enhanced self-sufficiency. Service Activities include but are not limited to: Assessment, Therapy, Rehabilitation. Therapeutic Behavioral Services (TBS) are intensive, individualized, short-term outpatient treatment interventions for beneficiaries up to age 21. Individuals receiving these services have serious emotional disturbances (SED), are experiencing a stressful transition or life crisis and need additional short-term, specific support services. High Fidelity Wraparound Services - The Wraparound Services model delivers services to children and families experiencing severe and multiple problems often being served by multiple agencies. Wraparound services include treatment services, personal support services, and any other support necessary to maintain the child/youth in the family home or at the lowest level of appropriate care.

VCSS Roseville serves Placer County including North Tahoe. Intensive Outpatient services is provided in Placer County to children and youth, and to children and adults in the North Tahoe area.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# SAN BERNARDINO

**Intern Level:** Master's Program

**Program Description:** Early Childhood; Ages 0-5 (SART Program), Early Intervention and Identification Services; Ages 4-8.5 (EIS Program), and Intensive Early Wrap Services, Ages 6-21(Success First). All programs are highly individualized specialty mental health services that are strength based, family focused, and community based. Youth in these programs are referred for low to high risk mental health support, have been removed from the home or at risk for removal, may have been psychiatrically hospitalized or at risk of hospitalization and often experience behavioral difficulties at home, school, and the community. Interns will receive training in all programs and will gain experience working with all ages and populations served.

**The following is a list of services that may be provided:**

- Assessment and Evaluation
- Infant and Early Childhood assessment and therapeutic interventions
- Crisis Intervention and Stabilization
- Individual, Family and Group Therapy
- Parent Training and Family Support
- Intensive Case Management
- Rehabilitative Services
- Psychiatric Services Including Medication Support and Monitoring

## **INTERNSHIP REQUIREMENTS:**

- Due to our Early Childhood program, all internship applicants should have interest in working with the 0-5 population (This experience is rare for an internship)
- Internships will include experience working with children and youth ages 0-21 years
- In Person is required
- Minimum of 16 hours a week
- Minimum of 9 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS STOCKTON

**Intern Level:** Master's Program 1st or 2nd Year

**Program Description:** Interns will work in the EPSDT Mental Health Foster Care Program providing mental health services to children and youth 0-21 years of age or the Juvenile Justice program.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children

# VCSS SUTTER/YUBA

**Intern Level:** Master's Program 1st or 2nd Year

**Program Description:** Our Wrap program services the 65 highest needs clients in Nevada County. Our Wrap team works with clients, families and support systems to increase stability and improve mental health challenges and impairments. Wrap is a team based program and interns will work closely with parent partners, facilitators, family support counselors, and supervisors.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children





# VCSS VICTORVILLE (AMARGOSA)

**Intern Level:** Master's Program 2nd Year

**Program Description:** Success First, also known as Early Wrap, is a Full-Service Partnership that provides brief intervention using the principles and practices of Wraparound while providing comprehensive, flexible, intensive, time-limited assistance to children/youth and families who are not eligible for Wraparound services. These children/youth and families present with multiple needs which impact their emotional, social, and psychological functioning. Wrap Mental Health: Wraparound is a viable community-based alternative to placing children in high-level group home care and can help children remain in their homes or transition successfully back to their home. Wraparound eligible children and youth present with complex needs and issues including behavioral issues, mental health issues, complex family situations, and are often recovering from mistreatment and trauma. Integrating a mental health Recovery, Wellness, and Resilience (RWR) approach within the Integrated Core Practice Model (ICPM), Wrap Mental Health Clinicians will provide EPSDT Specialty Mental Health Services and crisis stabilization to children/youth and families in the Wraparound program.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS VICTORVILLE CAMPUS

**Intern Level:** Bachelor's and Master's Program 1st or 2nd Year

**Program Description:** We offer a full scope and in depth clinical experience to all levels of interns. Interns have the opportunity to work in both Medi-Cal and non Medi-Cal funded programs with children, families, youth, and adults. Activities include case management, outreach presentations, crisis stabilization, and individual and group therapy services.

We continue to look for students who are interested in working with diverse populations in the community, who are eager to learn and want to gain experience with working children, youth, and families.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS WEST SACRAMENTO

**Intern Level:** Bachelor's and Master's Program 2nd Year

*Note: Would be willing to accept 1st year Master's students on a case by case basis.*

**Program Description Bachelor's Level:** Will provide services in our K-12 School Partnerships Program, that operates in partnership with Yolo County Mental Health, schools, and other service agencies. Students will provide a range of services and supports for children and families that focus on reducing the child/youth's need for more intensive services. Activities will include screening, psychoeducation, staff support and training, group and individual rehabilitation services working primarily at K-12 schools in the community.

**Program Description Master's Level:** Will provide services in the Community-based Mental Health Services program for children and youth 0 - 21 years.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children



# VCSS WEST SAN BERNARDINO

**Intern Level:** Master's Program 2nd Year

**Program Description:** The School-Aged Treatment Services (SATS) is a highly individualized, family-focused and community-based specialty mental health treatment. The program is designed for individuals 5-21 years of age with emotional and behavioral problems who may be at risk of serious consequences. Services are provided in the home, school and community setting. The program is Medi-Cal funded.

We are looking for students who are interested in working with diverse populations in the community, who are eager to learn and want to gain experience working with the whole family.

## INTERNSHIP REQUIREMENTS:

- In Person is required
- Minimum of 16 hours a week
- Minimum of 4 month commitment
- Must have a valid driver's license and a car
- Must have a TB Test
- Must pass a Livescan background check to work with children

